

MCHS ANNUAL SYMPOSIUM

Evidence, Empathy, and Excellence in Dementia Care



April 17th 2026 | 8:00-4:30 pm CT
SLU Learning Resources Center

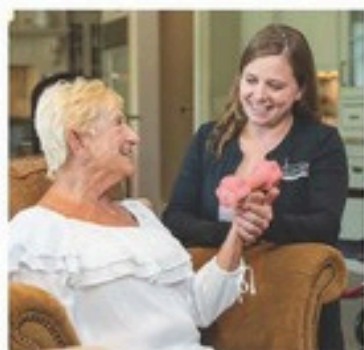
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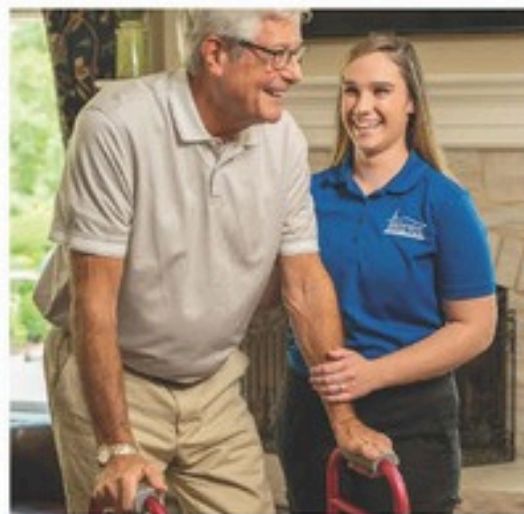


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AGENDA

7:30 – 8:00 am Registration & Vendor Fair

Check in, explore resource tables, and network with community partners

8:00 – 8:30 am Welcome & Introductions

A warm welcome from Jill Cigliana and Dr. Marla Berg-Weger

8:30 – 9:30 am Keynote Speaker: Biomarkers in Dementia

Dr. Suzanne Schindler - *Clinical Use of Biomarkers in the Era of Disease Modifying Treatments of Alzheimer's Disease*

9:30 – 10:30 am Caregiver Panel

Jill Cigliana & caregivers on Real Life In-Home Caregiver Experiences from family care partners who support loved ones with dementia every day

10:30 – 10:45 am Break & Vendor Fair

Take a break and explore the vendor tables

10:45 – 12:15 pm Dementia Care Ecosystem

Dr. Kate Possin and Sarah Dulaney - *From Evidence to Translation: Implementing the Care Ecosystem Across Settings*

12:15 – 1:15 pm Lunch & Vendor Fair

Enjoy a meal and explore the vendor tables

1:15 – 1:30 pm Return & Recap

Welcome back and recap from the morning

1:30 – 2:45 pm Technology for Dementia Care

David Baker - *Practical Technology for Caregivers: Safety, Wellbeing, and Peace of Mind*

2:45 – 3:00 pm Break & Vendor Fair

Take a break and explore the vendor tables

3:00 – 4:15 pm Driving with Dementia

Dr. David Carr - *Driving for the Long Haul: How to Stay Healthy and Safe Behind the Wheel in Late Life*

4:15 – 4:30 pm Closing

The completion of course evaluation. Thanks for joining us!

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COURSE DETAILS

DESCRIPTION

Caring for individuals with dementia presents unique challenges, particularly in managing the complex behavioral and psychological symptoms that come with the disease. People living with dementia and their families deserve skilled, knowledgeable professionals in healthcare and senior services. Our annual symposium equips attendees with the latest evidence-based pharmacological and non-pharmacological strategies to best address various aspects of dementia care. Participants will gain insights from a multidisciplinary team of experts in geriatric medicine, occupational therapy, and dementia care as well as valuable perspectives from family care partners. Designed for professionals and caregivers, this course offers practical tools to improve quality of care and uphold the dignity of those living with dementia.

OBJECTIVES

1. Describe the clinical presentation and sequence of progression of Alzheimer's Disease and Related Dementias (ADRD), including the functional changes and associated behavioral and psychological symptoms of dementia.
2. Explore pharmacological and non-pharmacological strategies to enhance care quality and safety for patients with ADRD.
3. Review and demonstrate evidence-based communication techniques to effectively support individuals with dementia exhibiting challenging behaviors and symptoms.
4. Identify and analyze environmental and contextual factors that contribute to or trigger Behavioral and Psychological Symptoms of Dementias (BPSD).
5. Practice strategies for effective collaboration with family caregivers and persons living with dementia.
6. Explore perspectives from family caregivers and individuals living with dementia regarding best practices to enhance care quality and success.



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EXHIBITORS





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KEYNOTE SPEAKER

Dr. Suzanne E. Schindler is a clinical neurologist and neuroscientist at WashU dedicated to advancing the diagnosis and treatment of Alzheimer's disease and related dementias (ADRD). She completed the Medical Scientist Training Program (MD/PhD) in Neurosciences at WashU, followed by a neurology residency and fellowship in dementia, establishing a strong foundation that integrates clinical care with translational research. Dr. Schindler provides clinical care for patients with memory concerns through the WashU Memory Diagnostic Center where she also coordinates clinical



Dr. Suzanne Schindler
MD, PhD

biomarker testing. Her work is at the forefront of integrating emerging technologies into real-world clinical practice. She serves as the leader of the Fluid Biomarker Core for the Knight Alzheimer's Disease Research Center, where she oversees research focused on the development, validation, and implementation of fluid-based biomarkers, including some of the first clinically available blood tests for Alzheimer's disease.

Her research has contributed significantly to understanding the clinical utility and generalizability of Alzheimer's disease biomarkers across diverse populations, an essential step toward equitable and accurate diagnosis. In addition, Dr. Schindler has been a leader in "real-world" studies examining how diagnostic tools and disease-modifying therapies are used in everyday clinical settings, helping bridge the gap between research advances and patient care.

Dr. Schindler has also played an active role in shaping the field through participation in national and international committees and working groups. She has contributed to the development of clinical guidelines for the use of Alzheimer's disease biomarkers and emerging treatments, helping define best practices in a rapidly evolving therapeutic landscape.

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CARE ECOSYSTEM

Dr. Kate Possin is a Professor in the Department of Neurology at the UCSF Edward and Pearl Fein Memory and Aging Center and a faculty member of the Global Brain Health Institute within the UCSF Weill Institute for Neurosciences. She holds the John Douglas French Alzheimer's Foundation Endowed Professorship and serves as Clinical Core Lead for the UCSF Alzheimer's Disease Research Center. Her work integrates clinical research, care innovation, and implementation science to improve outcomes for individuals living with neurodegenerative diseases.

Her research focuses on advancing early detection, accurate diagnosis, and comprehensive care of cognitive disorders. She directs the Care Ecosystem, a collaborative care model that provides education, care navigation, and support to individuals with dementia and their caregivers, leading to improvements in patient quality of life, caregiver well-being, and reduction of overall healthcare costs. Through collaboration with health systems and policymakers the team is working to expand access to scalable, sustainable dementia care solutions. She also created the TabCAT (Tablet-Based Cognitive Assessment Tool) for ease of use identifying early signs of neurodegenerative disease in clinical and research settings. TabCAT has been translated into more than 20 languages and used in over 150 studies across 30 countries, with increasing application in primary care and community-based settings.

Dr. Possin earned her PhD in Clinical Psychology from UCSD, where she studied cognitive changes associated with Parkinson's disease. She completed her clinical internship and postdoctoral fellowship at UCSF and joined the faculty in 2006. Her work continues to bridge research, clinical practice, and policy, addressing critical gaps in dementia care and improving outcomes for patients and families.



Dr. Katherine Possin
PhD

NOTES

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Sarah Dulaney
RN, MS, CNS

Sarah Dulaney is a Geriatric Clinical Nurse Specialist and Clinical Director for the Care Ecosystem at the UCSF Memory and Aging Center. Since joining the program in 2014, she has worked across community, long-term care, and hospital settings supporting individuals with cognitive impairment. Her work focuses on program development, implementation, and evaluation to improve outcomes for people living with dementia and their families. She provides training on dementia care navigation, non-pharmacological behavioral management, and caregiver support, and is currently studying to become a Psychiatric Mental Health Nurse Practitioner.

David Baker serves as Director of Missouri Assistive Technology, the state's federally funded program dedicated to empowering individuals with disabilities through innovative tools and solutions. With nearly 30 years of experience, his passion for assistive technology began when working alongside an individual using one of the first commercially available augmentative communication devices. After seeing firsthand how powerful adapted technology could be to break down barriers, create opportunities, and foster independence, the experience shaped his commitment to advancing the integration of technology into everyday life. He has dedicated his career to promoting functionality, access, and opportunity through assistive technology.



David Baker
Director of MoAT

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**Dr. David B. Carr
MD**

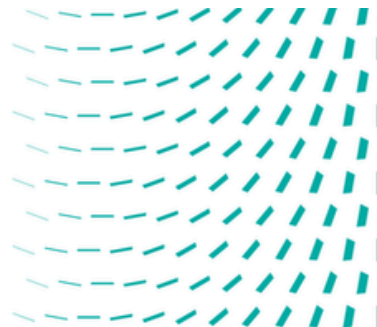
Dr. Carr is the Alan A and Edith L Wolff Professor of Geriatric Medicine in the Dept. of Medicine and Neurology at WashU, Section Head of Geriatrics in the Division of General Medicine and Geriatrics, and Medical Director of MCHS. He has an outpatient dementia practice in the Memory Diagnostic Center. He serves as a site principal investigator for clinical trials in the Knight Alzheimer's Disease Clinical Trials Unit validating Alzheimer's disease biomarker tests. He has authored over 100 peer-reviewed publications. His work also has an emphasis on driver safety for older adults with which he has contributed to national guidelines on fitness to drive in medically impaired older adults.

Jill Cigliana, a catalyst for positive change in dementia care, serves as Executive Director of Memory Care Home Solutions. With 25+ years of experience in acute/post-acute care, she leads a dynamic team in innovative approaches to compassionate home and community-based dementia care. Jill holds a MS in Occupational Therapy from WashU and currently leads the Dementia Community of Practice for the American Occupational Therapy Association. She has served as Project Director on multiple grants through the Administration for Community Living's Alzheimer's Disease Program Initiative.



**Jill Cigliana
MSOT, OTR/L**

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NOTES



PREMIER

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UPCOMING EVENTS

14
MAY



OPEN HOUSE

Thursday | 3:30-6:00 pm

03
JUN



LUNCH & LEARN

Wednesday | 11:30-1:00 pm

23
JUN



COFFEE WITH CLINICIANS

Tuesday | 8:30-10:30 am

Baron Family Society

10
SEP



DIRECTORS CIRCLE LUNCHEON

Thursday | 11:30-1:00 pm

Baron Family Society

16
SEP



LUNCH & LEARN

Wednesday | 11:30-1:00 pm

15
OCT



OPEN HOUSE

Thursday | 3:30-6:00 pm

07
NOV



ANNUAL GALA & AUCTION

Saturday | 6:00-11:00 pm

Union Station Grand Ballroom

**New Date
& Location!**

02
DEC



LUNCH & LEARN

Wednesday | 11:30-1:00 pm

Baron Family Society - The Baron Family Society supports our mission by helping sustain programs and expand impact year-round. As a member, you'll make a meaningful difference while enjoying exclusive opportunities with a community of dedicated philanthropists.

Open House - Visit our headquarters and caregiver training venue, enjoy light refreshments, learn more about MCHS, and network.

Lunch & Learn - A chance to experience a guided tour of our caregiver training venue and learn about how MCHS can help your families. A delicious lunch is served as other families and community partners network together. Limited seating available. *Registration required.

Annual Gala and Auction - You won't want to miss a fun night focused on the future of quality dementia care.

COURSE MATERIALS

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COMPLETION
REQUIRED FOR
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PRE-TEST



POST-TEST



If you have any questions about your CEU certificate, please contact
Kailyn Lyles at Saint Louis University - kailyn.lyles@health.slu.edu

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