

2026 MCHS Annual Symposium

Evidence, Empathy, & Excellence in Dementia Care

CEU Credit For Professionals
Family Care Partners and Students Welcome

Friday, April 17, 2026

8:00am - 4:30pm

Hosted By:



Transform Dementia Care With Us

Hear from national experts on evidence based care, new treatments, and proven tools.

Location: This is a hybrid event both in person and virtually.

Saint Louis University, Learning Resource Center

Saint Louis University, South Campus 3545 Vista Avenue, St. Louis, MO 63104

Hosts: Memory Care Home Solutions & Saint Louis University School of Medicine/Saint Louis University Family Center for Healthy Aging

Course Description

Caring for individuals with dementia presents unique challenges, particularly in managing the complex behavioral and psychological symptoms of the disease. People living with dementia and their families deserve competent professionals across the health and senior services fields. Our annual symposium provides an immersive, full day workshop providing attendees with the most up to date evidenced-based pharmacological and non-pharmacological strategies to address some of the most challenging components of care for individuals with dementia. Participants will gain insights from a multidisciplinary team of experts in geriatric medicine, occupational therapy, and dementia care services, along with invaluable perspectives from family care partners who navigate this journey daily.

Designed for healthcare professionals across disciplines and family care partners, this course provides practical tools to enhance care quality and support the dignity of individuals living with dementia.

Symposium Objectives

1. Describe the clinical presentation and sequence of progression of Alzheimer's disease and related dementia (ADRD), including the functional changes and associated behavioral and psychological symptoms of dementia.
2. Explore pharmacological and non-pharmacological strategies to enhance care quality and safety for patients with Alzheimer's disease and related dementia.
3. Review and demonstrate evidence-based communication techniques to effectively support individuals with dementia exhibiting challenging behaviors and symptoms.
4. Identify and analyze environmental and contextual factors that contribute to or trigger behavioral and psychological symptoms of dementia (BPSD).
5. Practice strategies for effective collaboration with family caregivers and persons living with dementia.
6. Explore perspectives from family caregivers and individuals living with dementia regarding best practices to enhance care quality and success.

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Louis University School of Medicine and Memory Care Home Solutions. Saint Louis University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation:

Saint Louis University School of Medicine designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Saint Louis University School of Medicine will provide Other learner certificates (APPs, nurses, and other types of learners). The certificate will state that the activity was designated for **6.25 AMA PRA Category 1 Credits™**. Follow your board's requirements for reciprocal CE credits.

Physical Therapy

Saint Louis University School of Medicine Continuing Education Program is a continuing education sponsor for the State of Illinois to provide Physical Therapy and Occupation Therapy CE courses.

State of Illinois Physical Therapy Continuing Education Sponsor License # 216.000085 Expiration Date: 09/30/2026
- CE Contact hours: 7.50

State of Missouri: Acceptable continuing education is automatically approved if such course or activity is obtained as follows; Courses and activities sponsored/approved by the American Medical Association (AMA) As stated in Chapter 3-Licensing of Physical Therapist and Physical Therapist Assistants, 20 CSR 2050-3.203, page 15.

Occupational Therapy

State of Illinois Occupational Therapy Continuing Education Sponsor License #224.000052 Expiration Date: 12/30/2027 Contact hours: 7.50

Check back often more approvals