

More Than Memory Loss: Understanding Behavioral and Psychological Symptoms of Dementia

Professional Education Event

For CEU Credits & Family Care Partners

Friday, April 25, 2025

8:00 am - 4:30 pm

Workshop brought to you by:



Location: Saint Louis University, Learning Resource Center
Saint Louis University, South Campus 3544 Caroline Mall St. Louis, MO 63104

Hosts: Memory Care Home Solutions & Saint Louis University School of Medicine/Saint Louis University Family Center for Healthy Aging

Course Description: Caring for individuals with dementia presents unique challenges, particularly in managing the complex behavioral and psychological symptoms of the disease. As advancements in pharmacological treatments emerge and the new CMS GUIDE care model pilot rolls out, the demand for dementia care expertise continues to grow. This immersive, full-day workshop equips attendees with evidence-based pharmacological and non-pharmacological to address some of the most challenging behaviors in dementia care, including agitation, aggression, inappropriate sexual behaviors, and resistance to personal care such as bathing. Participants will gain insights from a multidisciplinary team of experts in geriatric medicine, occupational therapy, and dementia care services, along with invaluable perspectives from family care partners who navigate these challenges daily.

Designed for healthcare professionals across disciplines and family care partners, this course provides practical tools to enhance care quality and support the dignity of individuals living with dementia.

Objectives

1. Describe the clinical presentation and sequence of progression of Alzheimer's disease and related dementia (ADRD), including the functional changes and associated behavioral and psychological symptoms of dementia.
2. Explore pharmacological and non-pharmacological strategies to enhance care quality and safety for patients with Alzheimer's disease and related dementia.
3. Develop evidence-based communication techniques to effectively support individuals with dementia exhibiting challenging behaviors and symptoms.
4. Identify and analyze environmental and contextual factors that contribute to or trigger behavioral and psychological symptoms of dementia (BPSD).
5. Practice verbal and non-verbal engagement strategies to promote cooperation and reduce distress during challenging interactions in dementia care.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Louis University School of Medicine and Memory Care Home Solutions. Saint Louis University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



Credit Designation

Saint Louis University designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Saint Louis University School of Medicine will provide Other learner certificates (APPs, nurses, and other types of learners). The certificate will state that the activity was designated for **6.5 AMA PRA Category 1 Credits™**. Follow your board's requirements for reciprocal CE credits.

Physical Therapy

Saint Louis University School of Medicine Continuing Education Program is a continuing education sponsor for the State of Illinois to provide Physical Therapy and Occupation Therapy CE courses.

State of Illinois Physical Therapy Continuing Education Sponsor License # 216.000085 Expiration Date: 09/30/2026 - **CE Contact hours: 8.00**

State of Missouri: Acceptable continuing education is automatically approved if such course or activity is obtained as follows; Courses and activities sponsored/approved by the American Medical Association (AMA) As stated in Chapter 3-Licensing of Physical Therapist and Physical Therapist Assistants, 20 CSR 2050-3.203, page 15.

Occupational Therapy

State of Illinois Occupational Therapy Continuing Education Sponsor License #224.000052 Expiration Date: 12/30/2025 **Contact hours: 8.00**